

Dear Grandparents,

Do you use any prescription, or over-the-counter medicines? Did you know that one third of the poisonings reported among children under age six are from prescription drugs commonly used by older adults (high blood pressure pills, heart medicines, etc?) In fact many childhood poisoning deaths result from eating a grandparent's medications. This happens at both the child's home and the grandparent's home.

- Do you leave medicines out on your bedside table?
- Do you leave the tops off of the bottles?
- Do you avoid using child resistant caps?
- Do you carry your medicines in your purse or pockets (popular places for little ones to explore?)

If the answer is yes to any of the above, your grandchild may be in danger. Please consider these suggestions:

- Take medicines out of the container only when using them
- Use child resistant caps whenever possible.
- Keep your medicine out of reach, out of sight, and locked up
- Protect your grandchild from toxic household products and plants. Child proof your home

Please remember that child resistant does not mean child proof, but it does help prevent many poisonings. However, even with precautions, poisonings sometimes happen. Remember then to call our toll-free hotline at 1-800-222-1222.